Air Sealing your Home

Efficiency Vermont SMART CHOICE

Pro tips from Efficiency Vermont

Whether brand new or very old, almost every home leaks air. Finding and sealing those leaks is a low-cost fix to make you more comfortable and help you save on heating and cooling costs.

Top 10 usual suspects for air leaks

- 1. Sill plates These are the pieces of wood that connect your house frame to the foundation, and can be accessed through the basement.
- 2. Outdoor water faucets Locate any penetrations to your exterior walls, and air seal around them.
- **3. Exterior door frames** Apply caulk around the frame, and apply weather strips to the door jambs.
- 4. Window frames Seal around window frames with caulk and weatherstrip windows.
- 5. Plumbing & utility closets Seek out plumbing penetrations throughout the home, and seal around them with caulk. Don't forget to look in cabinets and utility closets.
- 6. All ducts Find and seal leaks wherever ducts penetrate walls, ceilings, and floors.
- **7. Attic entrance** Apply caulk around the frame, and apply weather strips for the hatch to sit snuggly on.
- 8. Recessed lights Most of these require sealing from inside your attic.
- **9.** Ceiling Look for obvious cracks and seams, and also dirty spots— these may indicate an air leak.
- **10. Outlets and switches** After shutting off electricity, install foam gaskets behind outlet and switch plates.

Test your home for air tightness

On a windy day, hold a lit incense stick any place you suspect a leak. If the smoke streams horizontally, you've found an air leak.



Materials checklist:

- Incense (to help find air leaks)
- Silicone, acrylic latex caulk and/or low expanding foam for air sealing
- Cans of expanding spray foam insulation